Navigators Training: Programme
### Wednesday, 21 June 2023

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Contacts</th>
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<tbody>
<tr>
<td>Morning &amp; Afternoon</td>
<td>Participants arrive in Singapore</td>
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| From 15:00 - | Check-in for Participants                                             | V Hotel Bencoolen | **Ms Reka TOZSA**  
Director, Education Department  
Asia-Europe Foundation (ASEF)  |
| 17:15 – 18:00 | Registration for Participants                                         | V Hotel Bencoolen | **Ms Freya CHOW-PAUL**  
Project Coordinator, Education Department  
Asia-Europe Foundation (ASEF)  |
| 18:00 – 18:30 | Transfer to Dinner via MRT                                            |          |                                                                          |
| 18:30 – 20:30 | Welcome Dinner                                                        | YWCA Café Lodge | **Amb Toru MORIKAWA**  
Executive Director  
Asia-Europe Foundation (ASEF)  |
| 20:00 –       | Free Time                                                             |          |                                                                          |

### Thursday, 22 June 2023

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<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Contacts</th>
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<tr>
<td>08:00 – 09:00</td>
<td>Transfer to ASEF Via MRT</td>
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<tr>
<td>09:00 – 09:10</td>
<td>Welcome Session</td>
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<td>Family Photo</td>
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<td></td>
<td>Conference Room, ASEF</td>
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<tr>
<td>Time</td>
<td>Session Title</td>
<td>Location</td>
<td>Speaker Information</td>
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| 09:10 – 10:30| Leadership Introduction              | Conference Room, ASEF    | Mr Anand CHANDRASEKAR  
Leadership Solutions Specialist  
Societal Advancement Lead (APAC)  
Center for Creative Leadership |
|              | We will be introduced to a simple and proven framework that defines what it means to achieve effective leadership. Based on CCL’s extensive fieldwork, we will look at leadership through the lens of setting direction, creating alignment and building commitment. |
| 10:30 – 11:00| Coffee Break                         |                           |                                                                                     |
| 11:00 – 12:30| Listening to Understand              | Conference Room, ASEF    | Mr Anand CHANDRASEKAR  
Leadership Solutions Specialist  
Societal Advancement Lead (APAC)  
Center for Creative Leadership |
|              | Being a good listener is vital to leadership. High achievers know how to develop trust and relationships with others using the power of listening. Listening to understand is difficult for some, but the greatest thing is that listening to understand is a skill that can be learned. In this Listen to Understand session we will gain tools and skills to make it easier to learn and practice effective listening as a means to setting direction. |
| 12:30 – 14:00| Lunch                                | Chilli Padi Tok Panjang  |                                                                                     |
|              | Chilli Padi Tok Panjang  
29 Heng Mui Keng Terrace #06-21 (Ground Level) |
| 14:00 – 15:30| Delegating Effectively              | Conference Room, ASEF    | Mr Anand CHANDRASEKAR  
Leadership Solutions Specialist  
Societal Advancement Lead (APAC)  
Center for Creative Leadership |
|              | Leaders are neither able nor expected to do everything themselves. Attempting to do so can have severe consequences. How can leaders create alignment by delegating effectively? In this Delegating Effectively session we will focus on tools to create an environment based on trust, establishing a rapport with colleagues to delegate successfully. |
| 15:30 – 16:00| Coffee Break                         |                           |                                                                                     |
| 16:00 – 18:00| Building Commitment                 | Conference Room, ASEF    | Mr Anand CHANDRASEKAR  
Leadership Solutions Specialist  
Societal Advancement Lead (APAC)  
Center for Creative Leadership |
<p>|              | Building commitment is about mutual responsibility and accountability to the group. Commitment allows the group to stick together during difficult times. In this concluding session of the day, we will explore tools to build and sustain commitment in the groups that we lead. |</p>
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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>18:00 – 18:30</td>
<td>Reflections &amp; Check-in</td>
<td>Ms Reka TOZSA, Director, Education Department Asia-Europe Foundation (ASEF)</td>
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<td>Ms Freya CHOW-PAUL, Project Coordinator, Education Department Asia-Europe Foundation (ASEF)</td>
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<tr>
<td>18:30 – 19:00</td>
<td>Transfer to Local Sightseeing via MRT</td>
<td>Ms Reka TOZSA, Director, Education Department Asia-Europe Foundation (ASEF)</td>
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<td>Ms Freya CHOW-PAUL, Project Coordinator, Education Department Asia-Europe Foundation (ASEF)</td>
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<tr>
<td>19:00 – 20:30</td>
<td>Local Sightseeing</td>
<td>Ms Reka TOZSA, Director, Education Department Asia-Europe Foundation (ASEF)</td>
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<td>Ms Freya CHOW-PAUL, Project Coordinator, Education Department Asia-Europe Foundation (ASEF)</td>
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<td>20:30 –</td>
<td>Free Evening</td>
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<td><strong>Friday, 23 June 2023</strong></td>
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<tr>
<td>08:00 – 09:00</td>
<td>Transfer to ASEF Via MRT</td>
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<td>09:00 – 09:45</td>
<td>Introduction to Society 5.0</td>
<td>Dr Paul WANG, Head, NEC Future Academy NEC</td>
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<td>09:45 – 10:00</td>
<td>Coffee Break</td>
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<tr>
<td>10:00 – 11:30</td>
<td>Roundtable Dialogue on Society 5.0</td>
<td>Ms Geraldine LAM, CEO, Social Impact Catalyst</td>
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<td>Ms Liana TANG, Director, Digital Strategy Office, Ministry of Communications and Information, Singapore</td>
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<td>Moderated by: Mr Michael KLEMM, Founder &amp; Managing Director, Singapore Education Network</td>
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<td>11:30 – 12:00</td>
<td>Transfer to Lunch</td>
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<td>Time</td>
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<td>12:00 – 13:30</td>
<td><strong>Lunch</strong></td>
<td>The Spread, 15 Kent Ridge Dr, #01-03</td>
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<td>13:30 – 14:00</td>
<td><strong>Transfer to ASEF</strong></td>
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<td>14:00 – 15:30</td>
<td><strong>Junior-Senior Leadership Dialogue with ASEF Governors</strong></td>
<td>Conference Room, ASEF</td>
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<td>15:30 – 16:30</td>
<td><strong>Reflections &amp; Check-in</strong></td>
<td>Conference Room, ASEF</td>
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<td>16:30 –</td>
<td><strong>Free Evening</strong></td>
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**Saturday, 24 June 2023**

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<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
<th>Remarks</th>
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<tr>
<td>08:00 – 09:00</td>
<td><strong>Transfer to ASEF</strong></td>
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<td><strong>Via MRT</strong></td>
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<tr>
<td>09:00 – 10:00</td>
<td><strong>Introduction</strong></td>
<td>Conference Room, ASEF</td>
<td>Mr Henrik PAP Innovation Manager Organisation Development Consultant</td>
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<tr>
<td>10:00 – 11:00</td>
<td><strong>About Design4x</strong></td>
<td>Conference Room, ASEF</td>
<td>Mr Henrik PAP Innovation Manager Organisation Development Consultant</td>
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<td>Why design thinking is good and how it can be applied to society 5.0 challenges. Information on the high-level timeline of the D4X.</td>
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<td>11:00 – 11:30</td>
<td><strong>Transfer to Lunch</strong></td>
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<tr>
<td>Time</td>
<td>Event</td>
<td>Location</td>
<td>Presenter</td>
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<tr>
<td>11:30 – 12:30</td>
<td>Lunch</td>
<td>The Spread, 15 Kent Ridge Dr, #01-03</td>
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<tr>
<td>12:30 – 13:00</td>
<td>Transfer to ASEF</td>
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<tr>
<td>13:00 – 14:00</td>
<td><strong>What is Design Thinking I</strong></td>
<td>Conference Room, ASEF</td>
<td>Mr Henrik PAP Innovation Manager Organisation Development Consultant</td>
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<td>In the problem definition phase, the focus is on clearly identifying and understanding the challenge at hand. It involves defining the problem statement or opportunity statement that serves as a guiding principle for the rest of the Design Thinking process.</td>
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<td>Research tools play a vital role in Design Thinking as they enable teams to gather valuable insights and data to inform the problem-solving process, we will examine some examples together what the participants can use when working on the Society 5.0 challenges with their teams.</td>
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<td>Questions are a crucial tools used in Design Thinking to reframe challenges as opportunities for innovation, we will learn a format called HMW (How Might We) questions.</td>
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<td>14:00 – 14:15</td>
<td>Coffee Break</td>
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<td>14:15 – 15:45</td>
<td><strong>What is Design Thinking II</strong></td>
<td>Conference Room, ASEF</td>
<td>Mr Henrik PAP Innovation Manager Organisation Development Consultant</td>
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<td>Ideation is the phase in Design Thinking where teams generate a multitude of creative ideas to address the defined problem or opportunity. We'll experiment with some techniques which can be used later by the Navigators.</td>
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<td>We'll learn about the different types of prototyping methods such as paper prototypes, digital prototypes, physical models, and functional prototypes and will finish up with the importance of testing.</td>
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<td>15:45 – 16:00</td>
<td>Coffee Break</td>
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<td>16:00 – 17:30</td>
<td><strong>Leading Design Teams</strong></td>
<td>Conference Room, ASEF</td>
<td>Mr Henrik PAP Innovation Manager Organisation Development Consultant</td>
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<td>Map out the first steps which could be taken by the Navigators throughout the Leadership in Action phase</td>
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<td>17:30 – 18:00</td>
<td><strong>Next Steps</strong></td>
<td>Conference Room, ASEF</td>
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### 18:00 – 19:00
**Transfer to Alumni Meetup**
Via MRT

### 19:00 – 20:30
**Alumni Meetup**
Grids Coffee Bar (Level 2)
200 South Bridge Rd

### 20:30 –
**Free Evening**

### Sunday, 25 June 2023

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Venue</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>08:00 – 09:00</td>
<td><strong>Transfer to ASEF</strong></td>
<td>Via MRT</td>
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</table>
| 09:00 – 10:15 | **Intercultural Facilitation I**           | Conference Room, ASEF         | **Ms Reka TOZSA** Director, Education Department Asia-Europe Foundation (ASEF)  
**Ms Freya CHOW-PAUL** Project Coordinator, Education Department Asia-Europe Foundation (ASEF) |
|             | **An exploration into diversity, values, and cultural perspectives** |                              |                                                                         |
| 10:15 – 10:45 | **Coffee Break**                           |                              |                                                                         |
| 10:45 – 12:00 | **Intercultural Facilitation II**         | Conference Room, ASEF         | **Ms Reka TOZSA** Director, Education Department Asia-Europe Foundation (ASEF)  
**Ms Freya CHOW-PAUL** Project Coordinator, Education Department Asia-Europe Foundation (ASEF) |
|             | **Tips & tricks for physical and online facilitation** |                              |                                                                         |
| 12:00 – 12:30 | **Reflections & “Check-out”**             | Conference Room, ASEF         | **Ms Reka TOZSA** Director, Education Department Asia-Europe Foundation (ASEF)  
**Ms Freya CHOW-PAUL** Project Coordinator, Education Department Asia-Europe Foundation (ASEF) |
| 12:30 –      | **Departure of Participants**              |                              |                                                                         |
Organised by: 
In partnership with:

ASEF’s contribution is made possible with the financial support of the European Union.

Supported by: