



ASEFYLS 2026 CAPACITY TRAINING

Asia-Europe Youth Leadership Training:
Anticipatory Leadership in the Arctic



Programme Overview

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PROGRAMME**23 – 29 August 2026, Tromsø, Norway****DAY 0 – SUNDAY, 23 AUGUST 2026****ARRIVAL DAY**

Throughout the day	Arrival of participants to Tromsø Check-in to the accommodation: <i>Clarion Hotel The Edge, Kaigata 6, 9008 Tromsø</i>
16:00 – 17:45	Registration Venue: Reception, <i>Clarion Hotel The Edge, Kaigata 6, 9008 Tromsø</i>
18:00-20:30	Welcome Reception Dinner and Welcome Greetings Venue: <i>Skarven Kro, Strandtorget 1, 9008 Tromsø, Norway</i>

DAY 1 – MONDAY, 24 AUGUST 2026

06:30 – 08:00	Breakfast Venue: <i>Clarion Hotel The Edge</i>
08:15 – 08:45	Travel to Venue
09:00 – 10:30	Opening Remarks & Keynote Welcome by Hosts and Organisers Venue: <i>Auditorium Cortex, UiT The Arctic University of Norway</i> ▪ Ambassador Beata STOCZYŃSKA, Executive Director, Asia-Europe Foundation (ASEF) ▪ Mr Dag Rune OLSEN, Rector, UiT The Arctic University of Norway ▪ Mr Espen BARTH EIDE, Minister of Foreign Affairs, Norway (Video Message) ▪ Ms Vilde FURUHAUG WESTBY, Project lead international cooperation European Youth Capital, True North 2026 Keynote Presentation ▪ Mr Lemet HÆTTA, True North 2026 Youth Ambassador; Vice-Chair, Noereh Fireside Chat ▪ Mr Carsten BECK, Director & Futurist, Copenhagen Institute for Futures Studies

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	▪ Dr Lizan PERANTE-CALINA, Senior Vice President and Dean, Graduate School of Public Management, Development Academy of the Philippines ▪ Mr Lemet HÆTTA, True North 2026 Youth Ambassador; Vice-Chair, Noereh
10:30 - 11:00	Family Photo Coffee Break
11:00 - 12:30	Session 1 Get to know each other <i>Venue: Auditorium Cortex, UiT The Arctic University of Norway</i> This interactive “Get-to-Know-Each-Other” session uses a lively speed networking format to spark connections among participants. In short, rotating conversations, each participant will introduce their name, role, and country, along with sharing what drives their passion for youth engagement. The activity is structured to ensure that everyone has the opportunity to meet and exchange ideas with a wide range of peers. Through this engaging format, participants will begin building trust, familiarity, and a sense of community that will support effective collaboration and dialogue in subsequent sessions. ▪ Ms Freya CHOW-PAUL, Youth Project Lead, Education Department, Asia-Europe Foundation (ASEF) ▪ Ms Linnéa REGNELL, Senior Project Executive, Education Department, Asia-Europe Foundation (ASEF)
12:30 - 14:00	Lunch <i>Venue: Cafeteria, UiT The Arctic University of Norway</i>
14:00 - 15:30	Session 2 Intercultural Collaboration <i>Venue: UiT The Arctic University of Norway</i> During this session, participants will experience UNESCO Story Circles, a powerful and adaptive intercultural methodology designed for both in-person and online settings. Available in over 6 languages, UNESCO Story Circles foster key intercultural competencies, such as deep listening for understanding (rather than simply responding), and support the development of strong, inclusive communities among participants. This memorable interactive experience will allow you to practice these vital intercultural skills while building meaningful connections across differences. ▪ Ms Freya CHOW-PAUL, Youth Project Lead, Education Department, Asia-Europe Foundation (ASEF) ▪ Ms Linnéa REGNELL, Senior Project Executive, Education Department, Asia-Europe Foundation (ASEF)
15:30 - 16:00	Coffee Break
16:00 - 17:30	Session 3 Networking & Organisation Fair <i>Venue: UiT The Arctic University of Norway</i> The Networking & Organisation Fair is an interactive session where participants showcase their youth or student organisations through posters and informal presentations. Working in two rotating groups, participants alternate between presenting and exploring others’ work. The session

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	encourages peer-to-peer exchange, idea sharing, and potential collaboration, while building confidence in communicating organisational impact in a clear and engaging way.
17:30 – 18:00	Reflections Summary of the Day and Debriefing <i>Venue: UiT The Arctic University of Norway</i>
18:00 -	Free Evening

DAY 2 – TUESDAY, 25 AUGUST 2026

06:30 – 08:00	Breakfast <i>Venue: Clarion Hotel The Edge</i>
08:15 – 08:45	Travel to Venue
09:00 – 10:30	Session 4 Sustainable Societies in the High North <i>Venue: UiT The Arctic University of Norway</i> This session aims to introduce the system of the High North and how the society is structured (formally and informally). It will explore indigenous peoples, demographic challenges, and energy transition. ▪ Professor Else Grete BRODERSTAD, Professor, Centre for Sami Studies, UiT The Arctic University of Norway
10:30 – 11:00	Coffee Break
11:00 – 12:30	Session 5 Skill-Building Workshop – Signals from the North: Understanding and Exploring Arctic Change <i>Venue: UiT The Arctic University of Norway</i> This session aims to use Futures Thinking tools of Framing & Scanning to establish a shared understanding of the Arctic as an interconnected social, ecological, technological, economic, and geopolitical system, and to identify the forces that could shape its future. ▪ Mr Carsten BECK, Director & Futurist, Copenhagen Institute for Futures Studies ▪ Ms Monika VOLGYI, Advisor & Futurist, Copenhagen Institute for Futures Studies ▪ Dr Lizan PERANTE-CALINA, Senior Vice President and Dean, Graduate School of Public Management, Development Academy of the Philippines ▪ Mr Kent Elmann R CADALIN, Learning Manager, Development Academy of the Philippines

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	▪ Ms Andrea Francesca S CAMAGO, Learning Manager, Development Academy of the Philippines ▪ Ms Celine ABELLA, Resource Person, Development Academy of the Philippines
12:30 – 14:00	Lunch Venue: <i>UiT The Arctic University of Norway</i>
14:00 – 15:30	Session 6 Climate Changes in the High North: IMPACT Venue: <i>UiT The Arctic University of Norway</i> This session aims to diver deeper into the impacts of climate change in the High North and the system around it within society. It will explore ecological consequences of climate change in the Arctic on both marine and terrestrial ecosystems, as well as the system of climate change within the Arctic including the stakeholders and actors engaged and impacted by climate change within society. ▪ Professor Rolf IMS, Professor of Ecology, Department of Arctic and Marine Biology, UiT The Arctic University of Norway ▪ Professor Bodil BLUHM, Professor, Department of Arctic and Marine Biology, UiT The Arctic University of Norway
15:30 – 16:00	Coffee Break
16:00 – 17:30	Session 7 Skill-Building Workshop – Arctic Unbound: From Critical Uncertainties to Plausible Worlds Venue: <i>UiT The Arctic University of Norway</i> This session aims to use the futures thinking tool of <i>Scenario Development</i> to create a set of structurally different futures for the Arctic through which participants can examine uncertainty, interaction, and strategic consequences. ▪ Mr Carsten BECK, Director & Futurist, Copenhagen Institute for Futures Studies ▪ Ms Monika VOLGYI, Advisor & Futurist, Copenhagen Institute for Futures Studies
17:30 – 18:00	Reflections Summary of the Day and Debriefing Venue: <i>UiT The Arctic University of Norway</i>
18:15 – 18:45	Transfer
19:00 – 20:30	Dialogue with Tromsø City Leaders Senior-Junior Leadership Dialogue Session Venue: <i>Tvibit, Parkgata 27, 9008 Tromsø, Norway</i> This evening provides the participants with the opportunity to meet directly with City Leaders to discuss the role of young leaders towards a Human-Centred Future from different perspectives. During the evening, City Leaders will engage in discussions on what young leaders can do to engage on a political and civil society level to prepare for and lead in society. The format will be <i>world café</i> style to allow for greater interaction. ▪ Ms Hedda CROGH, Incubator Lead for Oceans, Norinnova

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- **Ms Gøril JOHANSEN**, CEO of ProTromsø
- **Ms Ingrid Eline BARRABÉS GØRRISSEN**, Noereh
- **Ms Sif VIK**, Planning and Development Manager, Tvibit

DAY 3 – WEDNESDAY, 26 AUGUST 2026

06:30 – 08:00	Breakfast <i>Venue: Clarion Hotel The Edge</i>
08:15 – 08:45	Transfer to venue
09:00 – 10:30	Session 8 Climate Changes in the High North: ACTIONS <i>Venue: UiT The Arctic University of Norway</i> This session aims to dive deeper into the action being taken on climate change in the High North. It will explore the cutting-edge approaches to the climate change in the Arctic, and how foresight and futures thinking may be used to define the actions. ▪ Professor Marit REIGSTAD, Professor, Department of Arctic and Marine Biology, UiT The Arctic University of Norway
10:30 – 11:00	Coffee Break
11:00 – 12:30	Session 9 Skill-Building Workshop – Auroras of Consequence: Tracing Connections and Cascading Global Impacts <i>Venue: UiT The Arctic University of Norway</i> This session aims to use the foresight tool of the <i>Futures Wheel</i> to examine how changes originating in the Arctic could travel through global systems and affect countries outside the region. ▪ Dr Lizan PERANTE-CALINA, Senior Vice President and Dean, Graduate School of Public Management, Development Academy of the Philippines ▪ Mr Kent Elmann R CADALIN, Learning Manager, Development Academy of the Philippines ▪ Ms Andrea Francesca S CAMAGO, Learning Manager, Development Academy of the Philippines ▪ Ms Celine ABELLA, Resource Person, Development Academy of the Philippines
12:30 – 14:00	Lunch <i>Venue: UiT The Arctic University of Norway</i>
14:00 – 15:30	Session 10 Arctic Ocean 2050 <i>Venue: UiT The Arctic University of Norway</i> This session aims to introduce the Arctic Ocean 2050 programme and will explore the initiative, the context of the environmental change that's happening, and looking

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	ahead to the future of what can be done to manage the transformations, exploring how foresight and futures thinking may be used to define the actions. ▪ Professor Jørgen BERGE, Prorector for Research and Innovation, UiT The Arctic University of Norway
15:45 – 16:15	Transfer
16:30 – 18:00	Cultural Activity: Movie Screening Venue: Tvibit, Parkgata 27, 9008 Tromsø, Norway Participants will join a screening of a local movie about the experience of indigenous communities in Norway.
18:00 – 20:00	Cultural Evening Venue: Tvibit, Parkgata 27, 9008 Tromsø, Norway Bring your local snacks and come in your traditional/national dress, as we meet to share our cultures with each other. Get ready for a night with a diverse arrange of music, dance, and good food!

DAY 4 – THURSDAY, 27 AUGUST 2026

06:30 – 08:00	Breakfast Venue: Clarion Hotel The Edge
08:15 – 08:45	Transfer to venue
09:00 – 10:30	Session 11 Simulation Game Venue: UiT The Arctic University of Norway This activity aims to immerse participants in ‘simulation environment’ and experience a real-life situation where decision-making in the Arctic takes a complex form, and where different narratives and interests may clash with each other around the issue of environment and natural resources. Participants will be challenged to think about long-term effects of current day debates and decisions, sharpening their ability to make conscious efforts today for the futures they wish to see. ▪ Ms Freya CHOW-PAUL, Youth Project Lead, Education Department, Asia-Europe Foundation (ASEF) ▪ Ms Linnéa REGNELL, Senior Project Executive, Education Department, Asia-Europe Foundation (ASEF)
10:30 – 11:00	Coffee Break
11:00 – 12:30	Session 12 Simulation Game cont. Venue: UiT The Arctic University of Norway

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12:30 – 14:00	Lunch <i>Venue: UiT The Arctic University of Norway</i>
14:00 – 15:30	Session 13 Skill-Building Workshop – Breaking Ice: Strategic Pathways for an Arctic-Connected World <i>Venue: UiT The Arctic University of Norway</i> This session aims to use the foresight tools of <i>backcasting</i> and <i>stress-testing</i> to turn the implications and governance insights into actions that remain useful across multiple Arctic scenarios. ▪ Ms Monika VOLGYI, Advisor & Futurist, Copenhagen Institute for Futures Studies
15:30 – 16:00	Coffee Break
16:00 – 17:30	Session 14 Skill-Building Workshop – Telling the Arctic Story: From Complexity to Strategic Communication <i>Venue: UiT The Arctic University of Norway</i> This session aims to explore <i>futures communication</i> to help participants communicate distant and complex Arctic developments in ways that are relevant, credible, and actionable for audiences outside the Arctic. ▪ Dr Lizan PERANTE-CALINA, Senior Vice President and Dean, Graduate School of Public Management, Development Academy of the Philippines ▪ Mr Kent Elmann R CADALIN, Learning Manager, Development Academy of the Philippines ▪ Ms Andrea Francesca S CAMAGO, Learning Manager, Development Academy of the Philippines ▪ Ms Celine ABELLA, Resource Person, Development Academy of the Philippines
17:30 – 18:00	Reflections Summary of the Day and Debriefing <i>Venue: UiT The Arctic University of Norway</i>
18:15 – 18:45	Transfer
18:45 –	Rakett natt Music Festival <i>Venue: Stortorget, 9008 Tromsø, Norway</i>

DAY 5 – FRIDAY, 28 AUGUST 2026

06:30 – 08:00	Breakfast <i>Venue: Clarion Hotel The Edge</i>
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08:15 – 08:45	Transfer to venue
09:00 – 10:30	Session 15 Anticipatory Action Planning Workshop <i>Venue: UiT The Arctic University of Norway</i> This session aims to re-examine the lenses of self, team, and societal leadership with an Anticipatory Mindset. Participants will be tasked to apply their learnings from the online Training of Framing & Scanning, in their own systems – setting commitments for themselves and their organisation that look ahead and are resilient to different futures. ▪ Ms Freya CHOW-PAUL, Youth Project Lead, Education Department, Asia-Europe Foundation (ASEF) ▪ Ms Linnéa REGNELL, Senior Project Executive, Education Department, Asia-Europe Foundation (ASEF)
10:30 – 11:00	Coffee Break
11:00 – 12:30	Session 16 Anticipatory Action Planning Workshop (cont.) <i>Venue: UiT The Arctic University of Norway</i>
12:30 – 14:00	Lunch <i>Venue: UiT The Arctic University of Norway</i>
14:00 – 15:30	Session 17 Preparation for Multiplier Activities: Next steps <i>Venue: UiT The Arctic University of Norway</i> This session focuses on planning participants' multiplier activities following the training. Participants present their initial project ideas in small groups, organised by thematic focus, and receive structured peer feedback. Time is allocated for individual refinement, allowing participants to strengthen feasibility and impact. Selected proposals are then shared in plenary, followed by a Q&A with the ASEF team to clarify expectations and support effective implementation. ▪ Ms Freya CHOW-PAUL, Youth Project Lead, Education Department, Asia-Europe Foundation (ASEF) ▪ Ms Linnéa REGNELL, Senior Project Executive, Education Department, Asia-Europe Foundation (ASEF)
15:30 – 16:00	Coffee Break
16:00 – 17:30	Consolidation & Reflections Summary of the Day and Debriefing <i>Venue: UiT The Arctic University of Norway</i> The Consolidation & Reflection session provides a structured space for participants to reflect on their learning journey throughout the training. Beginning with a collective reflection circle, participants revisit their initial expectations and fears alongside the project's learning outcomes. In small groups, they then creatively synthesise their shared experiences into short performances.

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17:30 - 18:00	Closing & Wrap-up <i>Venue: UiT The Arctic University of Norway</i> Family photo
18:00 -	Free Evening

DAY 6 – SATURDAY, 29 AUGUST 2026

07:30 - 11:00	Breakfast <i>Venue: Clarion Hotel The Edge</i>
Throughout the day	Departure of Participants

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ORGANISED BY:**LOCAL HOSTS AND SUPPORTERS:**

Norwegian Ministry
of Foreign Affairs

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GRADUATE SCHOOL OF PUBLIC MANAGEMENT

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Flags represent countries that contributed to ASEF's General Pool for the previous year, as of 01 January 2026

SUPPORTED BY: